





Team Category	Male	Jafet	Amukushu	M	Active Performance Cycling Academy		208	07:00:07	09:28:38	02:28:31	
								07:00:07	09:28:41	02:28:34	
								07:00:07	09:28:41	02:28:34	07:25:39
<b>Teams Individual Position</b>											
Team Category	Female	Anneke	Steenkamp	F	Hollard Ladies		16	07:09:49	09:24:41	02:14:52	1
Team Category	Female	Silke	Bean	F	MBM Ladies		166	07:09:49	09:24:43	02:14:53	2
Team Category	Female	Nicole	Spangenberg	F	Mannie's Sports Lab Ladies Race Team		1142	07:09:49	09:24:45	02:14:56	3
Team Category	Female	Vera	Looser	F	MBM Ladies		600	07:09:49	09:26:18	02:16:29	4
Team Category	Female	Anri	Greeff	F	Hollard Ladies		562	07:09:49	09:26:19	02:16:29	5
Team Category	Female	Melissa	Hinz	F	Hollard Ladies		359	07:09:49	09:26:19	02:16:30	6
Team Category	Female	Gen	Weber	F	Mannie's Sports Lab Ladies Race Team		358	07:09:49	09:26:19	02:16:30	7
Team Category	Female	Delsia	Janse Van Vuuren	F	MBM Ladies		435	07:09:49	09:26:20	02:16:31	8
Team Category	Female	Lelani	Swart	F	Hollard Ladies		140	07:09:49	09:26:20	02:16:31	9
Team Category	Female	Jean-Marie	Mostert	F	Cymot Ladies Racing Team		543	07:09:49	09:26:20	02:16:31	10
Team Category	Female	Monique	Du Plessis	F	Cymot Ladies Racing Team		136	07:09:49	09:26:20	02:16:31	11
Team Category	Female	Olivia	Shillifa	F	Cymot Ladies Racing Team		447	07:09:49	09:26:21	02:16:31	12
Team Category	Female	Nicola	Fester	F	Cymot Ladies Racing Team		462	07:09:49	09:26:22	02:16:33	13
Team Category	Female	Michelle	Doman	F	Food Lovers Market Women		728	07:09:49	09:26:22	02:16:33	14
Team Category	Female	Elanor	Grassow	F	Hollard Ladies		466	07:09:49	09:26:23	02:16:33	15
Team Category	Female	Mimi	Hough	F	Food Lovers Market Women		319	07:09:49	09:26:23	02:16:34	16
Team Category	Female	Monique	Taylor	F	Mannie's Sports Lab Ladies Race Team		1126	07:09:49	09:26:23	02:16:34	17
Team Category	Female	Jana	Von Backstrom	F	Food Lovers Market Women		328	07:09:49	09:26:23	02:16:34	18
Team Category	Female	Sonja	Obholzer	F	Cymot Ladies Racing Team		496	07:09:49	09:26:26	02:16:37	19
Team Category	Female	Monika	Szczepan	F	Mannie's Sports Lab Ladies Race Team		1104	07:05:49	09:26:20	02:20:31	20
Team Category	Female	Binette	Klein	F	Mannie's Sports Lab Ladies Race Team		293	07:09:49	09:35:21	02:25:32	21
Team Category	Female	Jana	Kehrmann	F	Food Lovers Market Women		554	07:09:49	09:39:26	02:29:37	22
Team Category	Female	Anna	Wucher	F	Mannie's Sports Lab Ladies Social Team		1129	07:09:49	09:49:20	02:39:31	23
Team Category	Female	Tarien (MC)	Van Zyl	F	Mannie's Sports Lab Ladies Social Team		695	07:09:49	09:49:21	02:39:31	24
Team Category	Female	Andrea	Stier	F	Mannie's Sports Lab Ladies Social Team		305	07:09:49	09:49:21	02:39:32	25
Team Category	Female	Christine	Mouton	F	Mannie's Sports Lab Ladies Social Team		936	07:09:49	09:49:21	02:39:32	26
Team Category	Female	Belinda	Van Rhyn	F	MBM Ladies		590	07:09:49	DQ		
Team Category	Female	Leandie	Cloete	F	Food Lovers Market Women		512	#N/A	#N/A	#N/A	
Team Category	Female	Nadine	Towsen	F	Mannie's Sports Lab Ladies Social Team		981	#N/A	#N/A	#N/A	
Team Category	Male	Daniel	Abraham	M	MBM Men		43263	07:00:07	09:25:22	02:25:15	1
Team Category	Male	Kevin	Low	M	CYMOT Mens Racing Team		24	07:00:07	09:25:31	02:25:23	2
Team Category	Male	Drikus	Coetsee	M	Hollard Insurance		20	07:00:07	09:25:31	02:25:24	3
Team Category	Male	Martin	Freyer	M	Team Hollard Life		474	07:00:07	09:25:31	02:25:24	4
Team Category	Male	Roger	Suren	M	MBM Men		72	07:00:07	09:28:36	02:28:29	5
Team Category	Male	Gerhard	Mans	M	Team Hollard Life		104	07:00:07	09:28:36	02:28:29	6
Team Category	Male	Xavier	Papo	M	MBM Men		177	07:00:07	09:28:36	02:28:29	7
Team Category	Male	Gerhard	Breed	M	Hollard Insurance		548	07:00:07	09:28:36	02:28:29	8
Team Category	Male	Adrian	Key	M	Hollard Insurance		240	07:00:07	09:28:37	02:28:29	9
Team Category	Male	Christiaan	VanRensburg	M	CYMOT Mens Racing Team		1086	07:00:07	09:28:37	02:28:30	10

Team Category	Male	FC	Smith	M	Food Lovers Market Men		1144	07:00:07	09:28:37	02:28:30	11
Team Category	Male	Justus	Beulker	M	MBM Men		595	07:00:07	09:28:37	02:28:30	12
Team Category	Male	Jacques	Celliers	M	Team Cathy supported by Specialized		60	07:00:07	09:28:37	02:28:30	13
Team Category	Male	murray	koch	M	CYMOT Mens Racing Team		1111	07:00:07	09:28:37	02:28:30	14
Team Category	Male	Theuns	Van der Westhuizen	M	CYMOT Mens Racing Team		522	07:00:07	09:28:38	02:28:31	15
Team Category	Male	Heiko	Diehl	M	Hollard Insurance		102	07:00:07	09:28:38	02:28:31	16
Team Category	Male	Ingram	Cuff	M	Hollard Insurance		101	07:00:07	09:28:38	02:28:31	17
Team Category	Male	Danzel	De Koe	M	NCCS Pro Cycling Team		233	07:00:07	09:28:38	02:28:31	18
Team Category	Male	Maruen	Kleopas	M	RMB Elite Team		780	07:00:07	09:28:38	02:28:31	19
Team Category	Male	Jafet	Amukushu	M	Active Performance Cycling Academy		208	07:00:07	09:28:38	02:28:31	20
Team Category	Male	Tristan	de Lange	M	Team Hollard Life		810	07:00:07	09:28:39	02:28:31	21
Team Category	Male	Theo	Steenkamp	M	Team Hollard Life		620	07:00:07	09:28:39	02:28:31	22
Team Category	Male	Daniel	Hahn	M	MBM Men		168	07:00:07	09:28:39	02:28:32	23
Team Category	Male	Vernon	Maresch	M	Food Lovers Market Men		419	07:00:07	09:28:39	02:28:32	24
Team Category	Male	Jaco	Snyman	M	Team Cathy supported by Specialized		392	07:00:07	09:28:39	02:28:32	25
Team Category	Male	Ananias	Ananias	M	NCCS Pro Cycling Team		212	07:00:07	09:28:39	02:28:32	26
Team Category	Male	Jacques	Van Zyl	M	Team Cathy supported by Specialized		312	07:00:07	09:28:40	02:28:32	27
Team Category	Male	Petrus	Human	M	Food Lovers Market Men		244	07:00:07	09:28:40	02:28:33	28
Team Category	Male	Jo Joe	Hamunyela	M	NCCS Pro Cycling Team		370	07:00:07	09:28:40	02:28:33	29
Team Category	Male	Simon	Kaita	M	RMB Elite Team		440	07:00:07	09:28:41	02:28:33	30
Team Category	Male	Clinton	Hilfiker	M	Team Hollard Life		110	07:00:07	09:28:42	02:28:35	31
Team Category	Male	Horst	Neumann	M	Hollard Insurance		74	07:00:07	09:28:42	02:28:35	32
Team Category	Male	Michael	Falk	M	MBM Men		897	07:00:07	09:28:42	02:28:35	33
Team Category	Male	Leodolf	Swanepoel	M	Food Lovers Market Men		770	07:00:07	09:28:45	02:28:38	34
Team Category	Male	Kai	Pritzen	M	CYMOT Mens Racing Team		345	07:00:07	09:29:08	02:29:01	35
Team Category	Male	Marckernzy	Eiseb	M	NCCS Pro Cycling Team		213	07:00:07	09:30:10	02:30:02	36
Team Category	Male	Wilbard	Shoopala	M	NCCS Pro Cycling Team		586	07:00:07	09:46:01	02:45:53	37
Team Category	Male	Andre	Vermeulen	M	Team Hollard Life		2	07:00:07	#N/A	#N/A	
Team Category	Male	Melkisedek	Haindongo	M	RMB Elite Team		1074	07:00:07	#N/A	#N/A	
Team Category	Male	Gino	Chiappini	M	CYMOT Mens Racing Team		928	07:00:07	DNF		
Team Category	Male	John	Valentin	M	Food Lovers Market Men		343	07:00:07	DNF		
Team Category	Male	Kai-Uwe	Brettschneider	M	Food Lovers Market Men		39	07:00:07	DNF		
Team Category	Male	Simon	Johannes	M	RMB Elite Team		459	07:00:07	DNF		
Team Category	Male	Brandon	Plaatjes	M	NCCS Pro Cycling Team		445	#N/A	#N/A	#N/A	
<b>Individual Category</b>											
Individual Category	Grand Master Men	Dirk	Coetsee Snr	M			414	07:16:49	09:00:19	01:43:31	1
Individual Category	Grand Master Men	Hartmut	Ruppel	M			353	07:16:49	09:00:23	01:43:35	2
Individual Category	Grand Master Men	Klaus	Schade	M			144	07:16:49	09:19:27	02:02:38	3
Individual Category	Grand Master Men	Joe	Theart	M			43384	07:16:49	09:26:58	02:10:10	4
Individual Category	Grand Master Men	Graeme	Dyason	M			1118	07:16:49	#N/A	#N/A	
Individual Category	Grand Master Women	Karin	Brockmann	F			82	07:19:29	#N/A	#N/A	1
Individual Category	Grand Master Women	Carolin	Janik	F			593	07:19:29	08:54:43	01:35:13	2
Individual Category	Grand Master Women	Berrit	Graf	F			78	#N/A	#N/A	#N/A	

Individual Category	Master Men	Hans	Du Toit	M		8	07:05:49	09:10:02	02:04:13	1	
Individual Category	Master Men	Nick J	Du Plessis	M		138	07:05:49	09:10:03	02:04:14	2	
Individual Category	Master Men	Fanie	Steenkamp	M		15	07:05:49	09:10:05	02:04:16	3	
Individual Category	Master Men	Tiaan	Nel	M		90	07:05:49	09:10:07	02:04:18	4	
Individual Category	Master Men	Frank	Snyman	M		160	07:05:49	09:10:07	02:04:18	5	
Individual Category	Master Men	Michael	Swanepoel	M		1130	07:05:49	09:10:08	02:04:19	6	
Individual Category	Master Men	Barry	Jones	M		715	07:05:49	09:10:09	02:04:20	7	
Individual Category	Master Men	Joris	Harteveld	M		767	07:05:49	09:10:10	02:04:21	8	
Individual Category	Master Men	George	Thiele	M		34	07:05:49	09:10:15	02:04:26	9	
Individual Category	Master Men	Iain	Pike	M		1119	07:05:49	09:41:31	02:35:42	10	
Individual Category	Master Men	João	da Costa	M		408	07:05:49	09:46:13	02:40:24	11	
Individual Category	Master Men	Giovanni	Baumann	M		696	#N/A	#N/A	#N/A		
Individual Category	Master Women	Mandy	Huysamen	F		391	#N/A	#N/A	#N/A		
Individual Category	Open Men	Frank	Klosta	M		545	07:04:05	09:08:12	02:04:06	1	
Individual Category	Open Men	Christo	Swartz	M		103	07:04:05	09:08:12	02:04:06	2	
Individual Category	Open Men	COBUS	SMIT	M		26	07:04:05	09:08:12	02:04:07	3	
Individual Category	Open Men	Rheeder	Van Wyk	M		357	07:04:05	09:08:14	02:04:08	4	
Individual Category	Open Men	Christiaan	Bean	M		167	07:04:05	09:08:15	02:04:10	5	
Individual Category	Open Men	Ruhan	Gous	M		479	07:04:05	09:08:16	02:04:10	6	
Individual Category	Open Men	Anton	Swart	M		366	07:04:05	09:08:16	02:04:10	7	
Individual Category	Open Men	Adriaan	Maartens	M		100	07:04:05	09:08:16	02:04:11	8	
Individual Category	Open Men	Ananias	Shilongo	M		582	07:04:05	09:08:16	02:04:11	9	
Individual Category	Open Men	Sven	Strohmenger	M		640	07:04:05	09:08:17	02:04:11	10	
Individual Category	Open Men	Ettiene	Steenkamp	M		578	07:04:05	09:08:17	02:04:11	11	
Individual Category	Open Men	Jan-Christo	Coetzer	M		430	07:04:05	09:08:17	02:04:12	12	
Individual Category	Open Men	Zeroman	Henckert	M		237	07:04:05	09:08:17	02:04:12	13	
Individual Category	Open Men	Shanco	Renton	M		482	07:04:05	09:08:17	02:04:12	14	
Individual Category	Open Men	Michiel	Greeff	M		725	07:04:05	09:08:18	02:04:12	15	
Individual Category	Open Men	Lester	Meyer	M		351	07:04:05	09:08:18	02:04:13	16	
Individual Category	Open Men	WAYNE	SCHABLINSKI	M		893	07:04:05	09:08:19	02:04:13	17	
Individual Category	Open Men	Petrus	Hanga	M		43264	07:04:05	09:08:19	02:04:14	18	
Individual Category	Open Men	Hardus	Nel	M		94	07:04:05	09:08:19	02:04:14	19	
Individual Category	Open Men	Jan Louis	Mostert	M		477	07:04:05	09:08:19	02:04:14	20	
Individual Category	Open Men	Pieter	Van Der Merwe	M		520	07:04:05	09:08:20	02:04:14	21	
Individual Category	Open Men	Mike H	Baartman	M		395	07:04:05	09:08:20	02:04:15	22	
Individual Category	Open Men	Roland	Neuburg	M		653	07:04:05	09:08:20	02:04:15	23	
Individual Category	Open Men	Houghie	Coetzer	M		537	07:04:05	09:08:20	02:04:15	24	
Individual Category	Open Men	Theo	Klein	M		494	07:04:05	09:08:23	02:04:18	25	
Individual Category	Open Men	Anthony	Coomer	M		256	07:04:05	09:08:26	02:04:20	26	
Individual Category	Open Men	Trevor	Kaiyamo	M		860	07:04:05	09:08:26	02:04:21	27	
Individual Category	Open Men	Marc	Epler	M		636	07:04:05	09:08:27	02:04:21	28	
Individual Category	Open Men	Fana	Lambert	M		195	07:04:05	09:08:28	02:04:22	29	

Individual Category	Open Men	Reino	Greeff	M		397	07:04:05	09:08:32	02:04:27	30
Individual Category	Open Men	Marc	Bassingthwaighte	M		1110	07:04:05	09:08:55	02:04:49	31
Individual Category	Open Men	Marco	Augustyn	M		941	07:04:05	DNF		
Individual Category	Open Men	Adriaan	Cloete	M		361	#N/A	#N/A	#N/A	
Individual Category	Open Men	JD	Engels	M		957	#N/A	#N/A	#N/A	
Individual Category	Open Women	Benita	Windisch	F		332	07:05:49	09:10:04	02:04:15	1
Individual Category	Open Women	Christiane	Beulker	F		596	07:05:49	09:10:06	02:04:17	2
Individual Category	Open Women	Marissa	Mouton	F		817	07:05:49	09:10:06	02:04:18	3
Individual Category	Open Women	Angela	? (PAY)	F		43678	07:05:49	09:18:39	02:12:50	4
Individual Category	Open Women	Madison	Mann	F		1141	07:05:49	09:24:33	02:18:44	5
Individual Category	Open Women	Chrystal	Freyer	F		1104	07:05:49	09:26:20	02:20:31	6
Individual Category	Open Women	Marcelle	Eloff	F		1011	07:05:49	09:26:22	02:20:33	7
Individual Category	Open Women	Susan	Pieters	F		410	07:05:49	09:26:22	02:20:33	8
Individual Category	Open Women	Adele	De La Rey	F		362	07:05:49	09:26:28	02:20:39	9
Individual Category	Open Women	Marsha	Nel	F		92	07:05:49	09:26:28	02:20:39	10
Individual Category	Open Women	Corné	Van Wyk	F		635	07:05:49	09:34:16	02:28:27	11
Individual Category	Open Women	Kylie	Dickerson	F		364	07:05:49	09:36:35	02:30:46	12
Individual Category	Open Women	Maike	Bochert	F		30	07:05:49	09:39:57	02:34:08	13
Individual Category	Open Women	Maike	Epler	F		1133	07:05:49	09:46:13	02:40:24	14
Individual Category	Open Women	Handrie	Gous	F		485	07:05:49	DNF		
Individual Category	U10 Girls	Amy	Lowings	F		43533	07:19:29	08:47:18	01:27:49	1
Individual Category	U12 Boys	Sion	Liebenberg	M		1136	07:19:29	08:37:13	01:17:44	1
Individual Category	U12 Boys	Hendrik	Baartman	M		411	07:19:29	08:37:13	01:17:44	2
Individual Category	U12 Boys	Lehander	Greeff	M		413	07:19:29	08:54:38	01:35:09	3
Individual Category	U12 Girls	Asha	da Costa	F		43286	07:19:29	08:54:36	01:35:07	1
Individual Category	U14 Boys	Micah	Chase	M		417	07:16:49	08:59:59	01:43:11	1
Individual Category	U14 Boys	Dario	De Koe	M		1117	07:16:49	08:59:59	01:43:11	2
Individual Category	U14 Boys	Luke	Coomer	M		1009	07:16:49	09:00:02	01:43:14	3
Individual Category	U14 Boys	Christo	Nell	M		624	07:16:49	09:00:04	01:43:15	4
Individual Category	U14 Boys	Stefan	Kruger	M		426	07:16:49	09:00:50	01:44:02	5
Individual Category	U14 Girls	Nicole	Suren	F		64	07:19:29	08:37:12	01:17:42	1
Individual Category	U14 Girls	Anne	Cramer	F		508	07:19:29	08:37:13	01:17:44	2
Individual Category	U14 Girls	Cari	Van der Westhuizen	F		932	07:19:29	08:37:17	01:17:48	3
Individual Category	U16 Boys	Marco	Thiel	M		251	07:05:49	09:10:01	02:04:12	1
Individual Category	U16 Boys	Sean	Lowe	M		23	07:05:49	09:10:01	02:04:12	2
Individual Category	U16 Boys	Nathan	Chase	M		418	07:05:49	09:10:01	02:04:12	3
Individual Category	U16 Boys	Mike O	Baartman	M		396	07:05:49	09:10:03	02:04:14	4
Individual Category	U16 Boys	Theodor	Janse van Vuuren	M		437	07:05:49	09:10:07	02:04:18	5

Individual Category	U16 Boys	Franco	Thiel	M			252	07:05:49	09:10:36	02:04:47	6
Individual Category	U16 Boys	Janro	Greeff	M			398	07:05:49	09:33:40	02:27:51	7
Individual Category	U16 Girls	Rosemarie	Thiel	F			253	07:16:49	08:59:59	01:43:11	1
Individual Category	U16 Girls	Bianca	Nell	F			623	07:16:49	09:00:03	01:43:15	2
Individual Category	U16 Girls	Anke	Kahl	F			513	07:16:49	09:17:58	02:01:10	3
<b>Sports and MTB Category</b>											
MTB Category	Female	Lionie	Meyer	F		Yes	588	07:16:49	09:15:50	01:59:01	1
MTB Category	Female	Elvira	Dickerson	F		Yes	363	07:16:49	09:25:16	02:08:28	2
MTB Category	Female	Tracey	Rowland	F		Yes	61	07:16:49	DNF		
MTB Category	Female	Jacky	Shipena	F		No	1090	07:16:49	09:15:35	01:58:47	1
MTB Category	Female	Nicola	Odendaal	F		No	1114	07:16:49	09:28:53	02:12:05	2
MTB Category	Male	Chris	Viljoen	M		Yes	1034	07:16:49	09:27:24	02:10:35	1
MTB Category	Male	Marcel	Suren	M		No	71	07:16:49	08:59:57	01:43:09	1
MTB Category	Male	Nabil	Robiati	M		No	308	07:16:49	08:59:58	01:43:09	2
MTB Category	Male	Greg	Chase	M		No	184	07:16:49	08:59:59	01:43:10	3
MTB Category	Male	Jaques	Hanekom	M		No	1026	07:16:49	08:59:59	01:43:10	4
MTB Category	Male	Christo	Engelbrecht	M		No	1109	07:16:49	09:00:01	01:43:13	5
MTB Category	Male	Drotsky	Antony	M		No	1138	07:16:49	09:00:02	01:43:13	6
MTB Category	Male	Jan	De Vries	M		No	917	07:16:49	09:00:02	01:43:14	7
MTB Category	Male	Francois	Van Schouwenburg	M		No	43431	07:16:49	09:16:37	01:59:48	8
MTB Category	Male	Michael	Lowe	M		No	25	07:16:49	09:17:49	02:01:00	9
MTB Category	Male	Jacques	Van Zyl	M		No	1115	07:16:49	09:17:49	02:01:00	10
MTB Category	Male	Elton	Nicanor	M		No	1120	07:16:49	09:23:11	02:06:23	11
MTB Category	Male	John	Drotsky	M		No	731	07:16:49	09:28:28	02:11:40	12
MTB Category	Male	Chris	Spangenberg	M		No	43333	07:16:49	09:28:54	02:12:06	13
MTB Category	Male	Cobus	Moolman	M		No		#N/A	#N/A	#N/A	
Sport Category (17+)	Female	Maja	Brinkmann	F			1082	07:13:54	08:54:06	01:40:12	1
Sport Category (17+)	Female	Ulande	Viljoen	F			84	07:13:54	08:54:08	01:40:14	2
Sport Category (17+)	Female	Michelle	Steenkamp	F			577	07:13:54	08:57:55	01:44:01	3
Sport Category (17+)	Female	Jo-Andri	Pretorius	F			741	07:13:54	08:57:58	01:44:04	4
Sport Category (17+)	Female	Michaela	Ham	F			111	07:13:54	08:58:01	01:44:07	5
Sport Category (17+)	Female	Elzette	van der Merwe	F			757	07:13:54	09:21:02	02:07:08	6
Sport Category (17+)	Female	Carmen	Lowings	F			1071	07:13:54	09:21:12	02:07:18	7
Sport Category (17+)	Female	Martina	Gaike-Neuburg	F			657	07:13:54	09:21:13	02:07:19	8
Sport Category (17+)	Female	Claudia	Suren	F			62	07:13:54	09:29:18	02:15:24	9
Sport Category (17+)	Female	Eli	da Costa	F			43740	07:13:54	#N/A	#N/A	
Sport Category (17+)	Female	Adel�	Oosthuizen	F			292	#N/A	#N/A	#N/A	
Sport Category (17+)	Male	Wynandt	Gouws	M			63	07:13:54	08:54:03	01:40:09	1

